



U.S. NAVAL SUPPORT ACTIVITY, NAPLES

BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place ➤ Updated Monthly

CALENDAR



 American Red Cross | Service to the Armed Forces

VOLUNTEERS WELCOME!



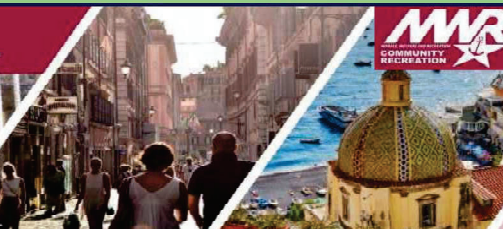
What's Happening...



Liberty Activities

For E1-E6 single and unaccompanied service members

TICKETS & TRAVEL



Captain's Cup

MONTHLY EVENTS @ USO Naples

Sponsorship Training

Expecting new arrivals? Learn the roles, responsibilities, and best practices of becoming a sponsor. You will receive the tips, tools, and resources needed to execute your duties and provide an informative and welcoming experience for your command's newcomers. Open to Active Duty, DoD Civilians, Contractors, and family members.

2026

15 Jan 2026	0900-1200 Capodichino
12 Mar 2026	0900-1200 Support Site
7 May 2026	0900-1200 Capodichino
16 Jul 2026	0900-1200 Support Site
24 Sep 2026	0900-1200 Capodichino
12 Nov 2026	0900-1200 Support Site



COMMAND SPONSOR AND INDOCTRINATION PROGRAM OPNAVINST 1740.3E

"Ensure sponsors have completed sponsor training prior to being assigned as a sponsor."

<https://millifelearning.militaryonesource.mil/course/esat101>

Registration required.

Email: nsanaplesffsc@us.navy.mil



DSN: 629-6372
COMM: 081-811-6372



Updated 10 Sep 25

REGISTER FOR AO:
SEND AN EMAIL WITH
Participant's Rate/Rank First/Last Name:
Participant's Personal Email:
Participant's Command:
Participant's Date of Arrival:
Sponsors Email:
TO: NSANAPLES@US.NAVY.MIL
COMM: 081-811-6945/629-6945
DUTY CELL: +39-335-848-4641

AREA ORIENTATION DATES

2026



JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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JULY						
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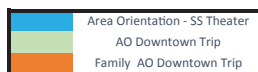
AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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AUTO SKILLS WORKSHOP

AUTO SKILLS CENTER, SUPPORT SITE



Tuesday
Jan. 27 and Feb. 24
3:30-5 p.m.

Work on your vehicle in lift bays. Help ensure your early spring car trips are safe by preparing your vehicle today. Reservations are recommended.

Oil changes • Fluid checks • Wiper replacement
Battery charging • Rotors turned • Tire mounting and balancing

Auto Skills Center
Hours of Operation

Tuesday-Saturday, 9 a.m.-5 p.m.
Sunday and Monday, closed

For more information or to reserve a bay, call 081-811-4971 / DSN 629-4971.
Connect with MWR 27/7 at navymwrnaples.com.





BUDGET FOR BABY[®] WORKSHOPS

Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month
10am-1pm @ S. Site Library Upstairs Conf. Room
Includes \$50 Gift Card and Handmade Blanket





Tour includes

- Roundtrip bus transportation from/to Support Site
- Three nights lodging with daily breakfast
- Concert ticket
- Boxed dinner at concert
- Dinner and wine tasting
- Walking tour of Pisa's Square of Miracles including entrance to the Leaning Tower of Pisa and square's monuments
- Walking guided tour of Siena
- Group Leader Assistance

Cost

\$945 per adult, double occupancy
\$1,045 per adult, single occupancy
\$889 per child 5-11 years old
(in room with two paying adults)
Children younger than 5 not allowed on the trip.

**Registration ends May 29.
Hurry, because this trip sells out quickly!**

For a detailed itinerary or more information, stop by the Tickets & Travel office or call
Capodichino Tickets & Travel, 081-568-4330 or DSN 626-4330
Support Site Tickets & Travel, 081-811-7907 or DSN 629-7907

Connect with MWR 24/7 at navymwrnaples.com [facebook.com/mwrnaples](https://www.facebook.com/mwrnaples) [instagram.com/nsanaplesmwr](https://www.instagram.com/nsanaplesmwr)



Captain's Cup

2026

Mondays and Wednesdays

6 p.m.

Support Site Fitness Center

Basketball

Co-ed League

Starts Tuesday, Feb. 10

Represent your command and compete to win the coveted 2026 Captain's Cup trophy!

Coaches meeting: Wednesday, Jan. 21, 3 p.m.
Support Site Fitness Center, second floor

Review of bylaws, rules and regulations. Coaches are strongly encouraged to attend.
Must be 17 years or older and out of high school to participate.

Roster due no later than Jan. 29.
No additions to rosters will be allowed.



For more information, call 081-811-6528 / DSN 629-6528.

CARVE IT UP



Top Ski and Snowboard Spots to Explore

Ready to hit the slopes? Here's a guide to the best ski and snowboard destinations nearby. Each location offers its own unique experience, so grab your gear and pick your adventure!



Campo di Giove

A charming Alpine escape with five marked slopes

- Seven ski lifts take you up to 2,400 meters
- Perfect for a quick getaway with picturesque views



Campo Felice

A skier's paradise with 30 km of downhill trails

- 20 well-groomed runs for all skill levels
- 12 lifts reaching up to 2,060 meters



Roccaraso

A top-notch destination for intermediate skiers

- 110 km of slopes and 70 marked trails
- 24 ski lifts that go as high as 2,140 meters for reliable snow



Ovindoli

A great mix of runs for all skill levels

- Longest descent is 4 kilometers
- The thrilling "Pistone No. 15" is a 3-km advanced run
- 18 trails and eight lifts reach 2,100 meters



Pescasseroli

A family-friendly spot with varied terrain

- Seven lifts for easy access
- 12 slopes for beginners and experts alike




Montagna Grande di Viggiano

A small, yet cozy option in the Apennines

- 5 km of marked trails served by three lifts
- Ideal for a peaceful skiing escape

Rivisondoli

A hidden gem with excellent long descents

- 17 trails with eight lifts reaching 2,050 meters
 - Longest run is an exciting 6-km stretch
- 



Roana

Nestled in the Italian Dolomites, perfect for varied adventures

- 20 well-maintained slopes
- 13 lifts for convenient access



Cortina d'Ampezzo


The crown jewel of skiing in the Dolomites

- Part of the Dolomiti Superski area with access to 1,420 km of slopes
- 140 km of runs in Cortina
- 488 lifts connecting nearby resorts like Val Gardena and Alpe di Siusimore



Val di Fiemme

A vast wonderland of ski resorts

- Access to 1,420 km of trails within Dolomiti Superski
 - Includes seven resorts with 140 km of local slopes
 - 60 lifts and peaks up to 2,600 meters for prime snow conditions
- 

USO COFFEE CONNECTIONS

JAN 09
1000-1100

COFFEE WITH THE SKIPPER: CAPO EDITION



Join us for a relaxed morning meet-up with Captain Randazzo. This isn't just about coffee—it's your chance to connect directly with leadership, share your thoughts, and help shape a stronger, more united community.



<https://bit.ly/JANCoffeeWithSkipper>

SCAN TO REGISTER



CONQUER THE SUMMIT

Jan. 10 • 9 a.m.

Central Park, Support Site



RUN CHALLENGE

Choose your challenge tier to reach for your personal fitness goal. Run or walk the 2k-looped course. The goal is to complete as many laps as possible in two hours.

CHALLENGE TIERS

BASE CAMP Complete two laps

TIMBERLINE Complete four laps

SUMMIT Complete six laps

Schedule

8-9 a.m. • Check-in

9:45-9:55 a.m. • Group warm up

10 a.m.-Noon • Challenge

12:15 p.m. • Prize distribution and hot beverages served

\$10

To register and pay, scan QR code:



All finishers
will receive an
insulated
camp mug!

For more information, call 081-811-6721 | DSN 629-6721.



USO YOUTH PROGRAMS

DADDY AND ME: NO-BAKE CHEESECAKE



Join us for Daddy and Me: No-Bake Cheesecake Making!

Get ready for a sweet bonding experience as dads and their little ones create delicious no-bake cheesecake together on **Friday, January 9th from 17:30-18:30** at the **Support Site Community Center**.

Bring your little chef for a fun culinary adventure! Dads and kids will learn to make this creamy, delicious dessert together, creating memories (and yummy treats!) that'll last long after the last bite.



<https://bit.ly/DaddyMeNoBakeCheesecake>

USO.org/YouthPrograms

SCAN TO REGISTER





CAPTAIN'S CUP

Sports Athletic Program

Represent your command and compete for the coveted 2026 Captain's Cup Trophy!



Coaches meetings will be held at the Support Site Fitness Forum, second floor at 3 p.m., unless specified.

Sport	Season Start Tournament Date	Location	Coaches Meeting	Registration Deadline
Racquetball Tournament	Jan. 29	Support Site Fitness Center	Jan. 22	Jan. 24
Basketball	Feb. 10	Support Site Fitness Center	Jan. 21	Jan. 29
Pickleball Tournament	Feb. 25 and 27	Support Site Fitness Center	Feb. 19	Jan. 30
Bowling	March 3	Strikers Entertainment Center	March 3 Strikers Entertainment Center	Feb. 24
Soccer	April 13	Carney Park	April 2	April 7
Ping Pong Tournament	April 15 and 16	Support Site Fitness Center	April 10	April 13
Armed Forces Olympics	May 8	Carney Park	March 12, April 9 and May 4	April 30
Softball	May 18	Carney Park	May 12	May 12
Golf Tournament	July 15, 22 and 29	Carney Park Golf Course	July 15 Carney Park Golf Course	
Flag Football	Sept. 15	Carney Park	Sept. 9	Sept. 8
Volleyball	Oct. 20	Support Site Fitness Center	Oct. 8	Oct. 12
Army vs. Navy Flag Football Game	Dec. 12	Carney Park		

TICKETS & TRAVEL



JANUARY DAY TOURS

Friday, Jan. 2

Best of Naples and San Lorenzo Underground

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m.
\$75 Adult, \$59 Child 2-11
€15 entry fee

Saturday, Jan. 3

Pietrarsa Christmas Markets

Depart Support Site 8:30 a.m., depart Capodichino, 9 a.m.
\$49 Adult, \$35 Child 2-11
€15 entry fee

Sunday, Jan. 4

Pizza Lesson in Naples

Depart Support Site 9:30 a.m., depart Capodichino 10 a.m.
\$98 Adult, \$75 Child 2-11

Friday, Jan. 9

Salerno Christmas Lights

Depart Support Site 3:30 p.m., depart Capodichino 4 p.m.
\$86 Adult, \$49 Child 2-11

Saturday, Jan. 10

Wine-Tasting in Pompeii*

Depart Support Site 10 a.m., depart Capodichino 10:30 a.m.
\$110 Adult, \$89 Child 3-15 • includes lunch

Sunday, Jan. 11

Paestum Ruins and Mozzarella Factory

Depart Support Site 7:30 a.m., depart Capodichino 8 a.m.
\$85 Adult, \$69 Child 2-11
€25 entry fee

Friday, Jan. 16

Naples Underground in the Evening

Depart Support Site 3:30 p.m., depart Capodichino 4 p.m.
\$56 Adult, \$39 Child 2-11
€15 entry fee

Saturday, Jan. 17

Pompeii

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m.
\$65 Adult, \$39 Child 2-11
€22 entry fee for adults, free for children 17 and younger

*Must be at least 18 years old to purchase or consume alcohol.
Please drink responsibly.

Sunday, Jan. 18

Cooking Class in Irpinia

Depart Capodichino 8 a.m., depart Support Site 8:30 a.m.
\$119 Adult, \$89 Child 2-11

Monday, Jan. 19 (Martin Luther King Day)

Amalfi Coast by bus

Depart Capodichino 8 a.m., depart Support Site 8:30 a.m.
\$136 Adult, \$85 Child 2-11 • includes lunch in Vietri

Monday, Jan. 23

Naples Catacombs

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m.
\$62 Adult, \$49 Child 2-11
€15 entry fee, free for children 8 years and younger

Saturday, Jan. 24

Wine Tasting in Avellino*

Depart Capodichino 9:30 a.m., depart Support Site 10 a.m.
\$110 Adult, \$89 Child 3-15, includes lunch

Sunday, Jan. 25

Naples Zoo

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m.
\$35 Adult, \$25 Child 2-11
€15 entry fee

Friday, Jan. 30

Pottery Lesson

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m.
\$119 Adult, \$89 Child 2-11 • includes lunch in Vietri
€60 lesson fee

Saturday, Jan. 31

Roccaraso Ski Resort

Depart Capodichino 6:30 a.m., depart Support Site 7 a.m.
\$49 Adult, \$35 Child 2-11 (transportation only)
Tickets & Travel staff may help with lift tickets and equipment reservations.

- All tours are subject to cancellation if minimum reservations are not met.
- If tour is canceled, all paid customers will receive a phone call and/or an email notification and a refund.
- Prices are in U.S. dollars, unless otherwise stated.
- Entry fees are not always included.
- Please bring euro cash to pay for your entry fee.
- Tips and gratuities are optional and not included in the price.
- Entry fees may change without notice.

To reserve a tour or for more information:

- Go to myffr.navyaims.com.
- Visit Capodichino or Support Site Tickets & Travel office.
- Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330.



Happy New Year! See what's new at NSA Naples FFSC:



FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

21 JAN: Navy Spouse in Transition

This workshop is designed for Navy spouses navigating the military-to-civilian transition alongside their Sailor. Can't make the workshop? You can always email NSANaplesFFSC@us.navy.mil to schedule a 1:1 FERP appointment.

FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

20 FEB: HEALTHY RELATIONSHIP ESCAPE ROOM FOR TEENS

This collaborative event is part of FFSC's month-long campaign to bring awareness to teen dating violence and promote healthy relationships. Additionally, alongside our community partners at DoDEA, CYP, and EDIS, we will host small, supportive group discussions and activities about Respecting Healthy Relationships. Follow Naples FFSC throughout February and visit loveisrespect.org to learn ways we can support our teens and promote healthy relationships for all.



NEWS & UPDATES

You can now register for Area Orientation online!

A new process is now available to sign up incoming personnel (or yourself) for the Area Orientation Brief! Scan the QR codes below to register and view the 2026 AO Calendar. You can also continue to register by sending an email to NSANaplesAO@us.navy.mil

NEW!

REGISTRATION 2026 DATES



FAP Victim Advocates Offering In-Person Trainings:

Family Advocacy Program (FAP) VA's are available to provide role-specific training on the dynamics and prevention of domestic and child abuse in the military community to commands, law enforcement, DoDEA, CYP, Ombudsman, and more.

NSA NAPLES FAP INSTRUCTION



For more information, e-mail: NSANaplesFFSC@us.navy.mil

Call us at COMM: +39 081-811-6372 or DSN: 629-6372

Follow us on Facebook at Naples FFSC

See a movie

at Reel Times 2 Cinema



New stadium seating!



Scan here for a
weekly schedule



JANUARY 2026

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

▲ AREA ORIENTATION

Area Orientation (mandatory for newcomers)

Jan. 7 and 8 or Jan. 21 and 22

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

Cultural Assimilation trips to downtown Naples

Friday, Jan. 9 and 23 | 7:45 a.m.-2:30 p.m.



TRANSITION ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

**Managing Your (MY) Education
(Education Track)**

Thursday and Friday, Jan. 8 and 9

8 a.m.-4 p.m.

Pre-Separation Workshop

Monday-Wednesday, Jan. 12-14

8 a.m.-4 p.m.

**Department of Labor Employment
Workshop**

Thursday and Friday, Jan. 15 and 16
or Jan. 29 and 30

8 a.m.-4 p.m.

Capstone Event

Thursday, Jan. 22

9 a.m.-Noon

Pre-Retirement Workshop

Monday-Wednesday, Jan. 26-28

8 a.m.-4 p.m.



SEXUAL ASSAULT PREVENTION AND RESPONSE

Dates and times subject to change

**Victim Advocate Refresher
Training** (CEU)

Thursday, Jan. 15 | 1-3 p.m.

Resident Advisor Training

Thursday, Jan. 22 | 1-3 p.m.

Capodichino FFR Conference Room

Initial Victim Advocate Training

Monday-Friday, Jan. 26-30 | 8 a.m.-5 p.m.

Location to be determined



INTERCULTURAL RELATIONS

Easy Italian (beginners)

Tuesday, Jan. 13 and 20 and Monday, Jan. 26

10:30 a.m.-12:30 p.m.

Italian at Lunch Time

(basic Italian for beginners)

Tuesday, Jan. 13 and 20 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Intermediate Italian

Wednesday, Jan. 14 | 10-11:30 a.m.

Intercultural Relations Trip:

Navigating Public Transportation

Monday, Jan. 19 | 8:30 a.m.-2:30 p.m.

Italian at Lunch Time (Intermediate)

Tuesday, Jan. 27 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Italian Social Etiquette

Wednesday, Jan. 28 | 10-11:30 a.m.



EXCEPTIONAL FAMILY MEMBER PROGRAM

Leader Brief*

Thursday, Jan. 8 | 3-4 p.m.

**Command Point of Contact
Training***

Thursday, Jan. 22 | 11 a.m.-Noon



RELOCATION

Sponsorship Training

Thursday, Jan. 15

9 a.m.-Noon

Command Conference Center, Capodichino



FAMILY READINESS

Ombudsman Advanced Training

Tuesday, Jan. 20 | 5-5:30 p.m.

Reel Times 2 Cinema, Support Site

Ombudsman Assembly

Tuesday, Jan. 20 | 5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site



FAMILY EMPLOYMENT READINESS PROGRAM

Navy Spouse in Transition

Wednesday, Jan. 21

9 a.m.-Noon

**Virtual Class*



LIFE SKILLS

Starting Out Right, Mind-Body

Mental Fitness: Building Stress Resilience

Tuesday, Jan. 6 | 11:30 a.m.-12:30 p.m.

Wednesday, Jan. 21 | 11:30 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Get a Grip: Managing Anger

Thursday, Jan. 8

11:30 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Thursday, Jan. 22 | 10-11 a.m.

La Dolce Vita, Mind-Body Mental Fitness:

Finding Balance through Mindfulness

and Meditation

Wednesday, Jan. 14

11:30 a.m.-12:30 p.m.

Capodichino FFR Conference Room

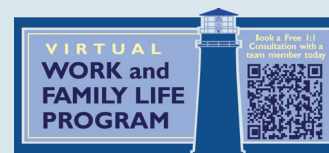
Tuesday, Jan. 20 | 11:30 a.m.-12:30 p.m.

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

The following program currently is being offered virtually. Visit mynavyfamily.com to create an account and access virtual classes and online resources.

\$ PERSONAL FINANCE MANAGEMENT

Scan the QR code below to book a 1:1 consultation with a team member.



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command



NSA Naples
**FLEET & FAMILY
SUPPORT CENTER**

New to NSA Naples?

Attend Area Orientation!

2026*

JANUARY

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MARCH

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MAY

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JULY

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SEPTEMBER

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NOVEMBER

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FEBRUARY

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APRIL

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JUNE

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AUGUST




Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

OCTOBER

Mo	Tu	We	Th	Fr	Sa	Su
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

DECEMBER

Mo	Tu	We	Th	Fr	Sa	Su
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

-  Area Orientation at Reel Times 2 Cinema, Support Site
-  Cultural assimilation trip to downtown Naples
-  Family cultural assimilation trip to downtown Naples

*Dates subject to change

Two ways to register:

Scan here >>




or

Email NSANaplesAO@us.navy.mil with the participant's rate and rank, first and last name, personal email, command, arrival date and sponsor's email.

For more information, call +39 081-811-6954 or +39 335-848-4641.





This class provides a safe and supportive environment to improve your fitness.

FUNCTIONAL FITNESS @ FIT BOX

**Mondays and Fridays • 6-7 p.m.
Fit Box, Support Site Fitness Center**

Focus on:

- Building strength and agility through dynamic movements
- Basics of weight-training (learn proper form and technique)
- Getting a well-rounded fitness experience

For more information, call 081-811-6721 | DSN 629-6721.





activities

Events are held at the Fleet Recreation Center unless specified.

Slide into the New Year

Check out new books for children and adults at the Fleet Recreation Center. Visit the Navy MWR Digital Library for e-books at www.navymwrdigitallibrary.org.

Pick-the-Year Trivia

Friday, Jan. 2

Test your knowledge of the past year's happenings in this friendly competition!

Remember Martin Luther King Jr.

Jan. 12-19

See displays highlighting Dr. King's life and legacy. Answer quiz questions for a chance to win a prize.

Come & Play

Wednesday, Jan. 7, 14, 21 and 28

10 a.m.-Noon • Olde Mill Inn

This parent-driven program offers your child (infant, toddler and school-age) a time to play, learn and grow with their peers. Read a book, catch up on homework or parents may share ideas and experiences. MWR provides some program supplies and craft ideas.

National Hot Tea Day

Monday, Jan. 12

Have a delightful cup of tea and check out a book, make a craft, play a game or relax with your friends. Free tea, while supplies last.

Military Appreciation Lunch and Trivia

Wednesday, Jan. 14

Begins at 11 a.m.

Active-duty military can have lunch and win prizes in the trivia contest, courtesy of USO. Register by Jan. 12.

Blind Contour Line Drawing

Friday, Jan. 16

Begins at 10:30 a.m.

Blind contour line drawings helps to improve your hand-eye coordination and your artistic observational skills. Fun for children and adults.

Fun with Ice

Thursday, Jan. 22

3-4:30 p.m.

Make a design by painting with ice. Then watch the movie Frozen. While supplies last.

Shop the Winter Sales at Campania Mall

Friday, Jan. 23

Bus departs at 8:30 a.m. from Fleet Landing • €20

Let MWR take the hassle out of driving and parking at the mall. You get the fun of finding great sales! Minimum 15 people required. Register and pay by Friday, Jan. 14.

Lego Day

Wednesday, Jan. 28

Build with Legos. It's a great way to relax while stimulating your creativity. For all ages.

National Puzzle Month

Thursday, Jan. 29

Put your mind to work with a crossword puzzle, word search or picture puzzle. Win a prize for completing the most puzzles correctly! Fun for children and adults.



New!

Crochet Workshop

Thursday, Jan. 15

10 a.m.-Noon

Join MWR and Red Cross to learn the basics of crochet or new techniques! Bring your own yarn and hooks or some yarn and hooks will be provided. For those with more experience, learn stitches for winter projects such as a hat, scarf or handbag. The class is free, but registration is required. Register no later than Monday, Jan. 12.

Create a trip!

Register for private or group Italian lessons for adults or children.

Sign up for music lessons.



To register for a class or trip or for more information, please call the MWR Service Desk at 081-568-8357 / DSN 626-8357 or email MWR_Gaeta@us.navy.mil.





Learn to crochet or
learn new techniques to
start a winter project!



CROCHET WORKSHOP

Thursday, Jan. 15 • 10 a.m.-Noon

Bring your own yarn and hooks or some yarn and hooks will be available. For those with more experience, learn stitches for a winter project such as a hat, scarf or handbag.


Classes are free, but registration is required.

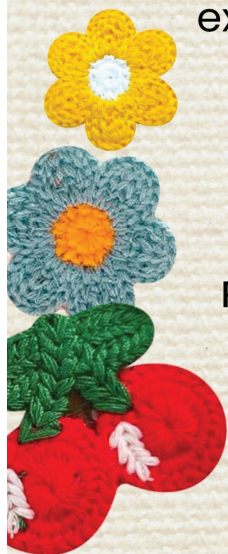
Register by Jan. 12 at the MWR Customer Service Desk
or call 081-568-8357 | DSN 626-8357.

In partnership with:



**American
Red Cross**

Connect with MWR 24/7 at www.navymwrnaples.com  www.facebook.com/mwrgaeta



SUPPORT SITE

FUN BUS

**GET
STUFF
DONE**



Friday, Jan. 9

8:30 a.m. bus departs Gaeta Fleet Landing

10 a.m.-Noon

- Homeschool group at CYP Youth Center Gym for organized games.
- Stop by the library to check out or return books. Activities for children up to 12 years old.
- Child Development Center offers hourly care. Register in advance by calling 081-811-4989 or scan here for online registration >>

Noon

- Lunchtime bowling special at Strikers Entertainment Center.
Meet the Military Family Life Counselors.

1:30-3:30 p.m.

- Free time

3:30 p.m.

- Bus departs for Fleet Landing



\$5

per person

**Register and pay at the MWR Customer Service Desk
by noon Wednesday, Jan. 7.**

Minimum 10 people for trip to proceed.

For more information, please call the MWR Service Desk at
081-568-8357 / DSN 626-8357 or email NaplesMWR_Gaeta@us.navy.mil.

Connect with MWR 24/7 at www.navymwrnaples.com  www.facebook.com/mwrgaeta



Captain's Cup Tournament

2026

**Thursday, Jan. 29
6 p.m.
Support Site
Fitness Center**



Racquetball

Represent your command and compete to win the coveted 2026 Captain's Cup trophy!

Coaches meeting

**Thursday, Jan. 22, 3 p.m.
Support Site Fitness Center**

Play format and regulations will be discussed.

Must be 18 years or older and out of high school to participate.

**Register by Jan. 24
at Support Site Fitness Center.**

For more information, call 081-811-6528/DSN 629-6528.





Photograph your family and friends!

Photography Workshop: Portrait Photography

Tuesday, Jan. 13

3:30 p.m.

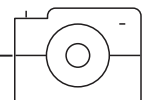
Fleet Recreation Center



Learn to capture beautiful, authentic portraits of your family and friends from a professional photographer/instructor. The workshop focuses on natural lighting, composition and perspective. Whether you shoot with a camera or smartphone, you will learn simple, yet powerful tips to make your portraits truly stand out.

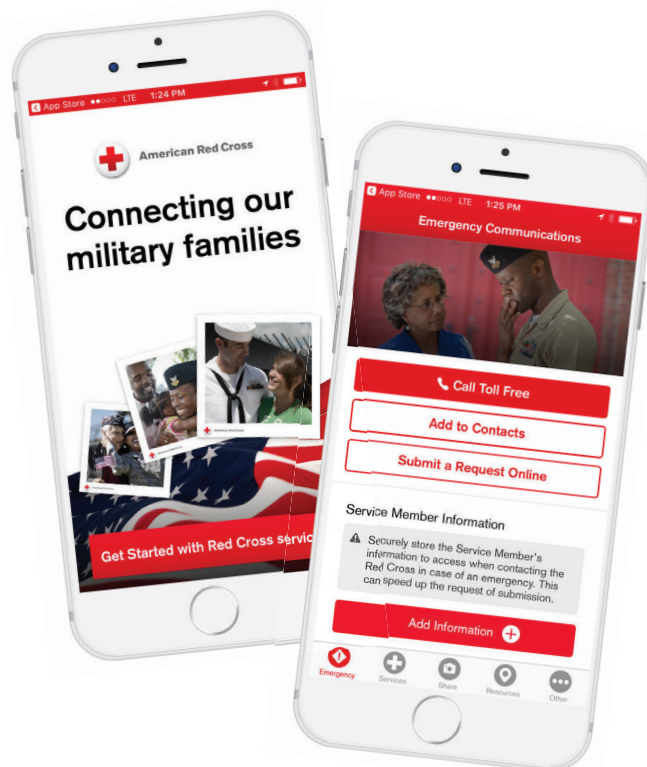
Register and pay at the MWR Customer Service Desk by Friday, Jan 9.

To register or for more information, 081-568-8357 | DSN 626-8357.



FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



Text GETHEROCARE to 90999 to receive a link to download the app. Scan the QR Code to the right, or visit redcross.org/mobileapps to download the app through the Apple App Store or Google Play Store.



For other Red Cross tools and preparedness information, visit redcross.org/mobileapps to download additional FREE mobile apps today.



**American
Red Cross**

NSA Naples January 2026

Sexual Assault Prevention and Response

Calendar of Events

JAN 13	SAPR Serves Troop Lunch w/USO Capo Air Terminal 1100-1200* (*or until food runs out)
JAN 15	VA Refresher Training (CEU) Fleet and Family Support Center, SS 1300-1500
JAN 22	Resident Advisor Training Fleet and Family Readiness Conference Room, Capo (Building 450) 1300-1500
JAN 26-30	SAPR Initial Victim Advocacy Training (IVAT) Location TBD 0800-1700 *Registration required. Minimum of 10 attendees required.

VA Refresher: For SAPR VAs renewing their certification. This class may count toward your required 8 hours of face-to-face Continuing Education Units (CEU), out of the total 32 required training hours within two years of credentialing.

For more CEU info: <https://www.trynova.org/credentialing/d-saacp-dod/>

***Advanced registration is required for SAPR IVAT: nsanaplesffscsapr@us.navy.mil**

All classes are subject to change

Local SAPR 24/7 Helpline: +39 335-640-6621



USO GAMING

JAN 30
1800-1930

GAME NIGHT AT EAT TF RESTAURANT



Love trivia?
Join us at EAT TF for a
great evening!

- Participate in 3 rounds of Trivia
- Prizes for the winning team
- Food & drinks available for purchase from the restaurant

Come for the food, stay
for the fun!

X @USOGG

DISCORD.GG/THEUSO

TWITCH.TV/THEUSO



USO.org/GAMING

GLOBAL USO GAMING PARTNERS



V4N 2026

USO NAPLES

Support Site Location

Village Forum

Hours:

M-F 10am-4pm

Capo Location

Air Terminal

Hours:

M-Th 8:30am-4pm

Facebook: @USONAPLES



FOR THE PEOPLE WHO SERVE.™

***SOME EVENTS MAY BE REGISTRATION ONLY - CHECK WITH US FOR MORE INFORMATION**

S	M	T	W	T	F	S
				<i>Holiday</i>		
04	05	06	07	08	09	10
	1000 - 1100 Toddler Time Support Site Community Room	1100 - 1200 Troop Time Capo	1345 - 1445 After School: Craft Attack Support Site Village Forum	1100 - 1200 Troop Time Capo	Coffee Connections USO Capo Daddy & Me 1730 - 1830 Support Site Community Center	
11	12	13	14	15	16	17
	1000 - 1100 Toddler Time Support Site Community Room	1100 - 1200 Troop Time Capo	1000 - 1100 Teddy Bear Club Support Site Community Room	1100 - 1200 Troop Time Capo		
18	19	20	21	22	23	24
	<i>Holiday</i>	1100 - 1200 Troop Time Capo	1345 - 1445 After School: Craft Attack Support Site Village Forum	1100 - 1200 Troop Time Capo	Coffee Connections 1000 - 1100 Support Site Community Center	
25	26	27	28	29	30	31
1300 - 1430 Teen Takeover: Trivia Night Naples Middle High School	1000 - 1100 Toddler Time Support Site Community Room	1100 - 1200 Troop Time Capo	1345 - 1445 After School: Craft Attack Support Site Village Forum	1100 - 1200 Troop Time Capo	1800-1930 Game Night EAT TF SS	

BECOME A USO VOLUNTEER! Sign up at volunteers.uso.org



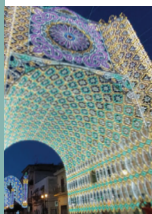
JANUARY Liberty Activities

For E1-E6 single and unaccompanied service members



Your off-duty connection to fun and recreation!

ONE-DAY TRIPS



Bacoli Lights and Cheese Steak

Friday, Jan. 2

5 p.m.

Bacoli is known for its beautiful beaches in the summer. But during Christmas time, it turns into an enchanted lighted village. We also will stop at a local restaurant for a warm cheese steak sandwich.



Explore Benevento

Saturday, Jan. 10

9 a.m.-4 p.m.

Benevento has everything a quaint town should offer including colosseums, arches, pedestrian walkways, fountains and legends of witches. This town even has a Harry Potter pub! One of our Liberty staff will provide a tour of his hometown.



Lioniello's Pizza

Friday, Jan. 16

7-9:30 a.m.

Did you know one of the top 50 pizza restaurants in the world is just a few minutes away from Support Site? This is your chance to try its tasty pizza. Please bring euro for dinner.



Hit the Slopes at Roccaraso

Monday, Jan. 19 **Martin Luther King Jr. Day**

7:30 a.m.-6 p.m. • \$30 for transportation

Do you love to ski or snowboard or want to learn? Bring euro for ski pass/lift ticket, equipment rental, lessons and lunch.



Taste of Naples

Saturday, Jan. 24

9:30 a.m.-5 p.m.

Try an authentic and traditional Neapolitan meal. Everything is prepared fresh for you using traditional methods and only the best quality ingredients to create a memorable food and drink experience.



Visit Pompei

Saturday, Jan. 31

9 a.m.-4 p.m.

Take an immersive journey through a preserved Roman city, offering a unique glimpse into ancient Roman life before its tragic destruction by Mt. Vesuvius in 79 AD. Please bring euro for entrance fee and guided tour (€18 for attendees 22 years and younger, €46 for attendee 23 years and older). Please wear comfortable shoes.

New Year's Eve Best Video Contest

Thursday, Jan. 1

Share your best moments going into 2026! Post a short video or clip (no longer than 90 seconds) about your NYE night on your Facebook page. Tag the NSA Naples Liberty Facebook page and wait to see results. All submissions need to be tagged by 8 p.m., Jan 1 and will be reviewed the first week of January. The winning video will be shared on the NSA Naples Liberty Facebook page and the winner will receive a prize!

Shopping Shuttle

Tuesday, Jan. 6, 13, 20 and 27

5:30-8 p.m.

Do you need to go off base to shop, but no car? Let Liberty do the driving! Liberty swings by local markets and shopping areas. Meet the van outside the Liberty Center.

Pillows and Popcorn Movie Night

Wednesday, Jan. 7, 14, 21 and 28 • 5-7:30 p.m.

Bring your favorite pillow, kick back and relax while watching your favorite movie. Snack on freshly made popcorn.

Liberty Craft Night

Thursday, Jan. 8 and 22

5-7 p.m.

Enjoy a night of creativity and fun. Check at the Liberty counter for the craft of the month. Do you have an idea of something you want to make? Please share your ideas with the staff.

Be in the Know @ Capo

Monday, Jan 12 and 26

2:30-4 p.m. • Bus stop near NGIS, Capodichino

Stop by and learn all about upcoming trips, programs and events while enjoying "Minute to Win It" games. Have a suggestion? Tell the Liberty team and let's plan it!

Giant Games Night

Monday, Jan. 12

5:30-7:30 p.m.

Show your talent during a game of giant Scrabble, Connect 4 and Jenga. Challenge your friends on a giant board.

Italian Culture Fest

Thursday, Jan. 15 and 29

5:30-7:30 p.m.

Learn more about our host country in a relaxed setting. Our cultural nights aim to provide a basic foundation of the Italian language and culture. Learn useful everyday phrases and greetings. Discuss and explore cultural differences, and sample some amazing Italian food.

We Hear You...

Monday-Saturday

Have you seen a fun local place on social media and want to go? Do you have a hidden talent you want to share or teach? Do you want to be a Liberty Ambassador and help plan our calendars? Do you want some cool Liberty swag? Come and talk to any Liberty staff member and we will do our best to make it happen!

\$5 transportation fee per trip unless specified.

Trips leave from Support Site Liberty BEQ Bldg. 2087 parking lot.

Events held at Support Site Liberty Center unless otherwise stated.

For more information, call 081-811-4705 / DSN 629-4705
or email NaplesMWR_Liberty@us.navy.mil.

facebook.com/libertynaples instagram.com/nsanaplesliberty

#MeetMeAtLiberty

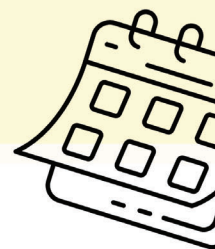
www.navymwrnaples.com





Mark YOUR CALENDAR

for these special MWR events in 2026
that you won't want to miss!



Saturday
April 4

EGGSTRAVAGANZA
CARNEY PARK

Saturday
July 4



FESTA AMERICANA:

Celebrate the United States' 250 Birthday

CARNEY PARK

Saturday
Oct. 24

HARVEST FEST

CARNEY PARK



Thursday
Dec. 3

WINTER WONDERLAND
SUPPORT SITE

Connect with MWR 24/7 at navymwrnaples.com

facebook.com/mwrnaples instagram.com/nsanaplesmwr



Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

moving again...!

Uugh! overwhelmed!

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911

Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- <https://livechat.militaryonesourceconnect.org/chat>

Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



Employee Assistance Program

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- <https://magellanhealth.com/global>



Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539
Support Site 081-811-4600 / DSN 314-629-4600
After hours: 366-680-5972

U.S. Naval Hospital

Pediatrics and Family Medicine

To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit www.TRICAREonline.com.

Local Resources

Reach Aut: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.





MISSION NUTRITION

Monday-Thursday, **Jan. 20-23**
10 a.m.-2 p.m. ■ Support Site Fitness Center

Mission Nutrition is a science-based course designed to maximize Warfighter nutrition. Learn to optimize your health, performance and combat readiness through improved general eating habits.

Learn how everyday dietary choices will sustain energy, prevent fatigue and manage your health effectively.



Register for this free class by Jan. 14

To register or for more information, call 081-811-4265 | DSN 629-4265
or email NaplesMWR_Fitness@us.navy.mil.

Connect with MWR 24/7, navymwrnaples.com [facebook.com/mwrnaples](https://www.facebook.com/mwrnaples)



JANUARY 2026



NMCRS NAPLES

OFFICE AND THRIFT STORE SCHEDULE

CAPO OFFICE & UNIFORM LOCKER HOURS

- MONDAY-THURSDAY 9AM-2PM

BUDGET FOR BABY CLASS DETAILS

- 3RD TUESDAY OF THE MONTH
- 9AM-12PM AT S.SITE
- GET A \$50 GIFT CARD + HANDMADE BLANKET
- SIGN UP VIA QR OR FB PAGE EVENT LINK



CONTACT US

- FB PAGE
 - NAVY-MARINE CORPS RELIEF SOCIETY NAPLES, ITALY
- FB GROUP
 - NSA NAPLES NMCRS THRIFT SHOP
- MAIN OFFICE
 - FRONT DESK: (081) 568-3913
 - DSN: 626-3913
 - EMAIL: NAPLES@NMCRS.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
			DONATIONS ONLY 10AM-1PM & 3PM-6PM	DONATIONS ONLY 10AM-12PM		
			POST-PART. GROUP			
11	12	13	14	15	16	17
		SHOPPING & DONATIONS 10AM-1PM	SHOPPING & DONATIONS 3PM-6PM	10AM-1PM		
18	19	20	21	22	23	24
		SHOPPING & DONATIONS 10AM-1PM	SHOPPING & DONATIONS 3PM-6PM	10AM-1PM		SHOPPING & DONATIONS 9AM-12PM
		BUDGET FOR BABY	POST-PART. GROUP			
25	26	27	28	29	30	31
		SHOPPING & DONATIONS 10AM-1PM	SHOPPING & DONATIONS 3PM-6PM	10AM-1PM		

EVERY WEDNESDAY IS AN AD PRIORITY DAY (50% OFF WITH ID). THE POSTPARTUM SUPPORT GROUP IS 10-1130. AT THE S. SITE COMM. CENTER, NO REGISTRATION REQ. THRIFT STORE HOURS ARE SUBJECT TO CHANGE AND DONATIONS MAY BE STOPPED AT ANY TIME DUE TO VOLUNTEER OR SPACE AVAILABILITY. PLEASE KEEP STROLLERS, FOOD, AND DRINKS OUTSIDE WHEN VISITING THE STORE. CHECK OUR FB FOR UPDATES & MORE INFORMATION ON EVENTS!

JOIN US AT THE



CHAPEL



NSA NAPLES SUPPORT SITE & CAPODICHINO

CATHOLIC WORSHIP

Saturday

16:00 | Confession & Adoration

17:00 | Mass | Support Site

Sunday

10:45 | Confessions

11:30 | Mass | Support Site

Weekday Masses

(Except for Federal Holidays falling on M-F)

Tuesdays & Thursdays | 12:00 | Capo

Wednesdays and Fridays | 08:30 | Support Site

Confessions 30 mins prior to Mass

PROTESTANT SUNDAY SERVICE

Sunday | 09:30 Service | Support Site

Points of contact for local Jewish and Latter Day Saints are available. Please contact the Chaplain's Office for more information, see info below.

† WOMEN'S GROUPS

Catholic Women of the Chapel

Tuesdays | 18:30 | Support Site

Wednesdays | 09:30 | Support Site

Facebook: CWOC - Naples, Italy

Protestant Women of the Chapel

Tuesdays | 09:00 | Support Site

Facebook: PWOC Naples, Italy Group

† RELIGIOUS EDUCATION

Catholic CCD

Sundays | 10:00-11:00 | Support Site

Catholic Youth Group

Weekly gatherings on Sundays after Mass and as announced | Support Site

Catholic OCIA

Tuesdays | 18:00 | Support Site

† MEN'S GROUPS

Catholic Men's Bible Study

Saturdays | 08:00 | Support Site

Knights of Columbus

Monthly meetings | Facebook: Knights of Columbus, San Gennaro Council 14853

Protestant Men's Bible Study

Wednesdays | 18:00 | Support Site

Protestant Awana Club

Sundays | Support Site

Protestant Youth Group

Wednesdays | 17:00 | Support Site

Family Life Group

First & Third Wednesdays | 17:00-19:00 | Support Site

CONTACT INFO

Facebook @NSA Naples Chapel

Duty Chaplain | +39 366-680-5972

Chaplain's Office Support Site

DSN: 629-4608 | Com: 081-811-4608

Chaplain's Office Capodichino

DSN: 626-6817 | Com: 081-568-6817



NSA Naples Sexual Assault Prevention & Response (SAPR) Program Training Schedule Calendar Year 2026



July	August	September
13-17 Jul Initial Victim Advocate Training (IVAT) Location: TBD 08:00 – 17:00	4 Aug CDO/watch stander Location: Capo FFR Conf. Room 12:00 – 14:00	10 Sept. VA Refresher (CEU) Location: Capo FFR Conf. Room 12:00 – 14:00
23 Jul VA Refresher (CEU) Location: Support Site FFSC 12:00 – 14:00	13 Aug VA Refresher (CEU) Location: Support Site FFSC 12:00 – 14:00	15 Sept. Resident Advisor Location: Capo FFR Conf. Room 12:00-14:00
29 Jul SAPR CMT TTT Location: Capo FFR Conf. Room 1100-1300	27 Aug Admin UVA Training Location: Support Site FFSC 1200-1400	24 Sept. SAPR CMT Location: Support Site FFSC 1100-1300
October	November	December
1 Oct CDO/watch stander Location: Support Site FFSC 12:00 – 14:00	4 Nov Admin UVA Training Location: Capo FFR Conf. Room 1200-1400	3 Dec CDO/watch stander Location: Capo FFR Conf. Room 12:00 – 14:00
15 Oct VA Refresher (CEU) Location: Support Site FFSC 12:00 – 14:00	16-20 Nov Initial Victim Advocate Training (IVAT) Location: TBD 08:00 – 17:00	10 Dec Admin UVA Training Location: Support Site FFSC 1200-1400
29 Oct VA Refresher (CEU) Location: Capo FFR Conf. Room 12:00 – 14:00	23 Nov Resident Advisor Location: Support Site FFSC 12:00-14:00	16 Dec VA Refresher (CEU) Location: Capo FFR Conf. Room 12:00 – 14:00

***VA Refresher:** For SAPR VAs renewing their certification. This class can count toward your required 8 hours of face-to-face Continuing Education Units (CEU), out of the total 32 required training hours for re-credentialing. For more info on CEU and recertification visit: <https://www.trynova.org/credentialing/d-saacp-dod/>

****All classes are subject to change*.***

(Rev: September. 2025)



NAVY-MARINE CORPS
RELIEF SOCIETY



POSTPARTUM SUPPORT GROUP

We welcome new parents and children under 5
-exclusive shopping time for attendees-
no registration required

JANUARY 7TH & 21ST

USO Community Center
from 10am-11:30am

Shopping will be after group
time on the first Wednesday only.

This event is facilitated by the NMCRS
visiting nurse and FFSC new parent support
NMCRS Nurse Contact: Randi.Eaton@NMCRS.org



**BUDGET FOR BABY
WORKSHOPS**

Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month
9am-12pm @ S. Site Chapel Classroom #2
Includes \$50 Gift Card and Handmade Blanket





**American
Red Cross**

**Adult & Pediatric
First Aid/AED +
CPR Training**

**Blended learning format:
Online & In-person**

We also offer:

**Babysitter certification
with CPR/AED/First Aid**

 081-568-4788

 naples@redcross.org

**Upcoming classes
and registration**



MEDITERRANEAN CRUISE

— SPRING BREAK —

Celebrate Spring in comfort and style
with a cruise on the Med!

Visit amazing ports of call including Marseilles,
Barcelona, Tunisia and Palermo!

Friday-Friday
March 27-April 3
2026



Includes:

- Seven nights on Costa Smeralda in a cabin with a balcony.
- Onboard meals (specialty restaurants and drink packages extra)
- Onboard activities (excursions extra)
- Gratuities and port tax
- Roundtrip transportation from Support Site to Civitavecchia
- Group leader assistance

\$1,635 per adult, double occupancy, balcony cabin
\$2,105 per adult, single occupancy, balcony cabin
\$565 per child 1 to 17 years old sharing a room
with two adults

Register by Feb. 25, 2026.

To reserve your cabin or for more information, call Tickets & Travel at
Capodichino: 081-568-4330 | DSN 626-4330 • Support Site: 081-811-7907 / DSN 629-7907.





Stay Connected to

NSA Naples Quality of Life Programs

WEB

This is your one stop for all information about Quality of Life Programs. View upcoming events, hours of operation and learn more about programs and services that help our military community members thrive in the NSA Naples area. The Website includes information for NSA Naples and NSAND Gaeta MWR, Child and Youth Programs, Fleet and Family Support Center and Housing.



www.navymwrrnaples.com



SOCIAL MEDIA

Stay connected 24/7 to NSA Naples Quality of Life programs! Learn about the programs, services and events at NSA Naples to take care of our military community members. We want to help you make the most of your time while stationed in Naples.



MWR

facebook.com/mwrrnaples



Child and Youth Programs

facebook.com/napleschildandyouthprograms



Liberty

facebook.com/libertynaples



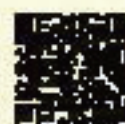
MWR

instagram.com/naplesmwr



Child and Youth Programs

instagram.com/naples_cyp



Liberty

instagram.com/naplesliberty



Fleet and Family Support Center

facebook.com/NaplesFFSC



Naples Housing

facebook.com/NSANaplesHousing



Navy Life Naples

Download Navy Life Naples app

GAETA

The Facebook page includes MWR, Child and Youth Programs, Fleet and Family Support Center, Housing and Liberty information for the NSAND Gaeta community.



facebook.com/mwrrgaeta



TRANSITION ASSISTANCE PROGRAM (TAP) 2026 WORKSHOPS

FLEET AND FAMILY SUPPORT CENTER U.S. NAVAL SUPPORT ACTIVITY NAPLES, ITALY

CORE WORKSHOPS

Pre-Retirement

26 -28 JAN
27- 29 APR
13- 15 JUL
16 - 18 NOV

Pre-Separation

12-14 JAN 3-5 AUG
9-11 FEB 24-26 AUG
16-18 MAR 26-28 OCT
13-15 APR 7-9 DEC
11-13 MAY 11-13 JAN
8-10 JUN 2027

Executive TAP

2-4 MAR*
14 - 16 SEP*
***MUST BE AN
E9,W4,OR O5 & ABOVE
NO EXCEPTIONS***

Transition Tracks

EMPLOYMENT	ENTREPRENEURSHIP	VOCATIONAL	EDUCATIONAL
DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP EVERY THURSDAY AND FRIDAY FOLLOWING A CORE TAP WORKSHOP	BOOTS TO BUSINESS Schedule subject to change per availability of SBA instructors 23-24 FEB 22-23 JUN 19-20 OCT	CAREER AND CREDENTIAL EXPLORATION (C2E) 9-10 MAR 4-5 MAY 10-11 AUG 2-3 NOV	MANAGING YOUR (MY) EDUCATION 8-9 JAN 9-10 APR 9-10 JUL 15-16 OCT

TAP is a DoD-wide program; therefore, all TAP workshops follow the same curriculum across all branches and ranks to include Pre-Retirement, Pre-Separation, and Executive TAP.



Participants **MUST** register for workshops through their Command Career Counselor.
Workshops are from 0800-1600.



Contact Us



081-811-6372
629-6372



NSANaplesFFSC@us.navy.mil

TRANSITION ASSISTANCE PROGRAM (TAP) 2026 CAPSTONE EVENT CALENDAR

What is the Capstone Event?

Service members participate in a Capstone Event to validate and verify that they are prepared to be successful following military service by producing documentation that they meet all their Career Readiness Standards (CRS).

All service members are required to attend a Capstone Event a minimum of 90 days prior to their separation/retirement date.

2026 Dates

22 JAN: 0900-1200
19 FEB: 1300-1600
11 MAR: 0900-1200
23 APR: 1300-1600
28 MAY: 0900-1200
25 JUN: 1300-1600
28 JUL: 0900-1200
12 AUG: 1300-1600
29 SEP: 0900-1200
5 NOV: 1300-1600
17 DEC: 0900-1200

Required Documentation

At CAPSTONE, please provide the following documents and/or complete the following activities to show Career Readiness Standards (CRS):

- 1. Individual Transition Plan (ITP)**
- 2. Proof of Registration on eBenefits**
(using your DS/ MyAuth Logon).
- 3. Career Documentation:** Submit ONE of the following:
 - Resume
 - Proof of Employment Offer
 - College Acceptance Letter or Enrollment Verification
- 4. Transition Track Completion:** Completion of a Transition Track. **REQUIRED for Tier 3; cannot be waived.** Optional for Tier 1 & 2.
- 5. Tier-Specific Requirements (Tier 2 & 3):**
 - Gap Analysis
 - Post-Separation Financial Plan

Failure to bring all required documents for CRS completed in full will result in having to reschedule your Capstone. If assistance with these documents is needed, please contact your Command Career Counselor or TAP Manager at FFSC.

For any questions or to learn more, email FFSC at NSANaplesFFSC@us.navy.mil



Participants **MUST** register for Workshops and Capstone Events through their Command Career Counselor.



Contact Us



081-811-6372
629-6372



NSANaplesFFSC@us.navy.mil

USO NAPLES

TASTE OF HOME FOR SINGLE SERVICE MEMBERS



Join USO & MWR Liberty on **Thursday, January 22 , from 17:30 to 19:00** for a special Taste of Home Night, where single service members can enjoy a delicious home-cooked meal, try our yummy smores dip bar, and win prizes. Take a break, connect with friends, and savor a comforting meal that feels just like home!



USO.org/CENTERS



Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

Moving again... 😞

Uuugh... overwhelmed!

 **SCHOOL
ADJUSTMENT**

Self-Esteem

SOCIAL MEDIA

Dealing with Body Image

STRESS 

 **RELATIONSHIPS**

Bullying 

 **HOW TO DEAL WITH
MY EMOTIONS**

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911



Scan for Mental Health Resources.





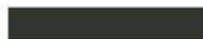
**American
Red Cross**

Service to the Armed Forces

VOLUNTEERS WELCOME!



**Interested in
joining us?**



Call us at 081-568-4788 or send us
an email at naples@redcross.org
for questions. We are looking
forward to hear from you!

